

# Hampton Hill School Newslink



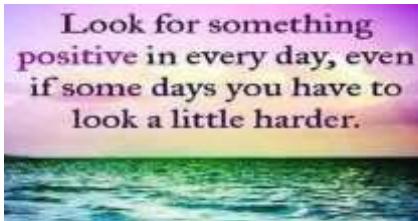
Hampton Hill School

GROW PEOPLE TO THRIVE



Phone: 232 6509

## 24 November



## Term 4

- 1 December—Scholastic Book Orders Due
- 1-10 Dec—School Swimming Lessons
- 1-15 December—Bee Healthy Dental Van
- 6 December— Board of Trustees Meeting from 5.30pm
- 8 December—Year 6 Leavers Dinner
- 10 December—Reports go Home
- 15 December—Last Day of School—finishing at 1pm



**Sunhats compulsory for Term 4**

## 2022 Dates

- Term 1—3 Feb-14 April
- 2 May to 8 July
- 25 July to 30 Sept
- 17 Oct-15 Dec

## Welcome to our New Student

Rosie Maxwell

A very warm welcome to our new student and their family.



Follow our power saving

<http://www.schoolgen.co.nz/schoolgen-schools/hampton-hill-wellington#1>

Kia ora, Malo e lelei, Talofa lava, Kia Orana, Namaste, Ni Hao, Alsalamu Alaykum, Fakalofa lahi atu, *Talohani*, Groete

As you will likely be aware, the New Zealand Government's COVID-19 Public Health Response (Vaccinations) Amendment Order (No 3) 2021 came into play for schools from Tuesday the 16th of November. This mandate states that everyone who works for a school or kura who may have contact with children or students or will be present at a time when children and students are also present must have had a first dose of the COVID-19 vaccine by 15th November and be fully vaccinated by 1st of January 2022.

I would like to assure you that Hampton Hill School and its Board of Trustees are fully complying with the mandate outlined above.

Included in the mandate are volunteers to our kura from 12 years of age. I would like to thank all members of our community who have so far sent me evidence of their vaccination in order to volunteer at our school. Ideally this would be from the My Covid Record app, My Vaccine Pass or an official letter from the Ministry of Health. As the principal of the school, I am also the Privacy Officer so please continue to share your evidence with me if you wish to volunteer. As you know, swimming lessons are on the horizon and we do need volunteers to assist us with walking to and from the pool. Therefore, all volunteers involved with swimming need to meet the criteria of the COVID-19 Public Health Response (Vaccinations) Amendment Order (No 3) 2021 .

I was very fortunate last week to spend time at the Year 6 camp with our students, teachers and parent volunteers at the Kaitoke Outdoor Education Centre. We were very fortunate to have lovely weather over the course of the three days which enabled all the planned activities to occur. A real highlight for me was watching and helping a group of our students solve a series of challenges and tasks in which they needed to communicate, collaborate, help and support one another. The children ended up solving all three tasks and were very proud of themselves. I would like to especially thank Mrs Carol Brieseman for her organisation, attention to detail and support of our tamariki in making this camp happen for our students. A big thank you also to Cherie Palmer, Abbey Corich and all our parent volunteers for supporting our learners.

Yesterday, we gave all our tamariki a big reminder about the importance of wearing hats at our school during term 4 and term 1. We have had some beautiful weather this week and the temperature from the sun has been heating up. Please can you make sure that your child is coming to school each day with a wide-brimmed hat. The New Zealand sun is fierce and we need to take steps to protect ourselves from it.

Enjoy the rest of the week.

Stefan Knap  
Principal



# From the Office

**Contact Details**—If you have moved or plan to move, please let us know your new contact details. For planning purposes, if your child is in Years 1-5 this year and will not be returning to Hampton Hill School after the summer break, please let us know.

**Sunhats**—are available from the office for **\$12.00** and come in sizes small, medium and large. If your child would like one of our school logoed sunhats, please send them to the office with **\$12.00 cash**. Terms 4 and 1 are compulsory sunhat terms and students who do not have a sunhat will only be able to play in the shade.

**Swimming**—If you have not already done so, please sign and return your child's swimming notice to their classroom teacher. Students who have not received parental permission will not be able to swim. We love volunteers! If you are able to help walk to and from Tawa Pool on any of the swimming days, please mark up your child's form in accordance with the current Covid Level 2 protocols. Hard copies of the swimming notice are available from the office, so if you need a copy, please ask your child to collect one. A timetable is included in the notice so you will know when your child is swimming, from Wednesday 1 December. Swimming days are 1,2,6,8,9 and 10 December, so six sessions in total.

You may like to add an extra piece of fruit or other snack to your child's lunchbox as they will be using a lot of extra energy walking to and from the pool as well as swimming.

**Scholastic Books**—Order forms and catalogues were sent home with your child. Please complete and return your forms to the office by **1 December** or order via the Loop app—so easy and you can keep track of all your orders as well as receive extra promotions from Scholastic. Download from Google Play or Apple App store.

## Ways to keep connected

When school communities are connected and informed, outcomes for students improve.  
We work hard to ensure we have a range of ways to keep in touch.  
We strongly encourage parents and whanau to be involved in all levels of communication.

### Website

[www.hamptonhill.school.nz](http://www.hamptonhill.school.nz)

### Email

office@hamptonhill.school.nz

### Phone

04 232 6509

### Facebook

<https://www.facebook.com/pages/Hampton-Hill-School-Tawa/177986682345511>

Hampton Hill School Official Public Facebook Page

*This is used by the Principal and Office to update you on notices/reminders/fundraising/current happenings around the school.*

<https://www.facebook.com/groups/427863694041125/>

Hampton Hill School Parents Community Page

*This group has been set up by parents for parents/whanau of Hampton Hill Primary School. This page is administered voluntarily by parents of the school and while it has the full support of HHS, the intention of this group is to provide an online community space for parents/whanau us to all share ideas, information, arrange holiday play dates/ kid swaps and generally provide a supportive environment to each other.*

*Please treat everyone on this page with respect and do not use it as a forum for raising grievances about the school or teachers. Any school issues should be taken directly to the school.*

*This page is open for teachers and parents alike, to support each other within the school community, so let this be a place where we can celebrate our children and also provide support when we need help.*

# Year 6 Camp 2021!





**Bee Healthy**  
Regional Dental Service

**FREE Dental Checks!**  
(Hampton Hill School)

The Bee Healthy Dental Mobile will be parked at your school in term 4 from 1<sup>st</sup> December to 15<sup>th</sup> December 2021. Once seen, your child will be given a completion certificate which will inform you of what happens next.

Please search your child's school bag for one of the following

- Your child requires no further appointments this year
- Your child needs an appointment at your local Dental hub for further care.

Your local Hub clinic is:

**Titahi Bay Dental Clinic**  
11 Kura Street  
Titahi Bay  
Porirua

If you have pre-school aged children please call us to arrange an appointment for their annual dental checkup at the Dental Hub.

To book or reschedule your appointment, or update your contact details, please call **0800 TALK TEETH (825 583)**



Private Bag 31907 Lower Hutt  
www.beehealthy.org.nz | 0800 TALK TEETH (825 583)



**Small: \$5**

To parents and caregivers at Hampton Hill school



We are selling beeswax wraps made by our Kaitiaki Enviro Leaders in the office. We will save the money for more projects like these in the future, so hopefully we can make a difference to our environment. - Kaitiaki Enviro Leaders



After School and Before School Programme  
hamptonhill@kellyclub.co.nz



**NEW WORLD**



# Community Notices



NEXT CHAPTER PARENTING offering Individual, or group, PARENTING SESSIONS via Zoom.

Eight one hourly sessions, weekly at a time convenient to you, available evenings.

Topics covered include Communication, Empathy, Setting Limits, Quality Time, Consequences, Choices, Redirection, Problem Behaviour, Praise vs Acknowledgement, Time In vs Time Out, The Pause, Erickson's Stages of Growth, Personality Types and how it affects your children.

WINZ funding assistance where eligible.

Website: [www.nextchapterparenting.co.nz](http://www.nextchapterparenting.co.nz)

Contact: [brigid@nextchapterparenting.co.nz](mailto:brigid@nextchapterparenting.co.nz)



Racketlon

Once again Tawa Tennis, Tawa Squash and Wellington North Badminton are running the Racketlon holiday programme these school holidays.

Players rotate around each sport spending 1.5 hours at each club. Qualified coaches will take

each session.

Please note holiday programme is for age 6 years and older.

Wednesday 26, Thursday 27 and Friday 28 January 2022, 9am - 3pm

Cost per day: \$50 or sign up for three days \$135

Registrations: <https://bit.ly/2Z1JsJH>

For more information contact Babette at [babette@wnba.org.nz](mailto:babette@wnba.org.nz) or call 2324774

Nga mihi



**Babette McCalman**

**Community Development Manager**

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**BIGAIR**  
GYMSPORTS & CHEERLEADING

## PRE-CHRISTMAS DROP & SHOP

Bigair Gym is running its popular Pre-CHRISTMAS DROP & SHOP HOLIDAY PROGRAMME on **Monday 20<sup>th</sup>, Tuesday 21<sup>st</sup> & Wednesday 22<sup>nd</sup> of December 2021**. Book your kids in for some active fun, giving you time to finish work, and complete Christmas preparations & shopping!

Spaces are limited, so book online today! [www.bigairgym.co.nz](http://www.bigairgym.co.nz)

Protect yourself  
and others from  
COVID-19



### ImpACT-Mental Health

Delivering practical strategies to build RESILIENCE and transform lives in a rapidly changing and uncertain world.

At ImpACT-Mental Health we work with many schools, parents, children, teenagers and educators, who enjoy our Resilience based education programmes, as well as providing one to one coaching packages.

Covid, Lockdowns and our rapidly changing world appear to be causing higher states of anxiety and a decline in overall mental health, for our youth and adults alike. We thought we would take this opportunity to share with you our latest blog - 'Building Resilience in Children during Lockdown and Life', which has appeared in the media and is being shared by schools. <https://impact-mentalhealth.com/top-tips-for-building-resilience-in-children-during-lockdown-and-life/>

Parents are eager for more tools, strategies and techniques to help them in the area of Mental Health. That is why we have converted our usual parent presentation - Preparing for the Teen Years it's Never Too Early!!! into a webinar. Parents tell us that the three biggest issues they want to avoid during the teen years are Mental Health, Breakdown in Communication/Relationships, and Unhealthy Coping Mechanisms (addiction, avoidance, self-harm).

ImpACT-Mental Health aims to empower Primary Parents with strategies to build solid foundations in their children NOW in order to build resilient, autonomous teens who are prepared with tools to face whatever life throws at them.

Here is the link to our upcoming webinar if you would like to share it with your school community. If you would like some references from other schools, please don't hesitate to contact us and we will provide you with details. <https://www.eventbrite.co.nz/e/168198079985>

As authors of *HATE MYSELF HATE MY LIFE - A Guide to finding self-confidence and inner-love*, mums of 4 children each. With a combined 35 years experience in RESILIENCE education, raising teenagers as a boarding house mistress, teaching in prisons, running ultramarathons, and coaching

**FRIDAY  
28<sup>th</sup> JAN**  
10.00am - 12.30pm  
Location: South Wellington Intermediate School (SWIS), 30 Te Wharepouri Street, Berhampore, Wellington

**PRIDE FAIR**  
Recycle, Up-cycle, Clever Creations you can sell to make Pride Dollars.

**FREE ADMISSION  
FREE MONEY\*  
REAL THINGS.**  
Free money\* (Pride dollars) that can buy you real things.

**PRIDE FAIR sponsors:**  
 the warehouse.nz  
 WANG + WONG NZ  
 ECHO NZ  
 Speedy Signs  
 MITRE 10

**OPEN TO ALL**  
Auction Time: 1.30pm - 2.30pm  
Registration Close: Friday 21<sup>st</sup> JAN  
For more information and free staff registration visit: [www.PRIDELANDS.co.nz](http://www.PRIDELANDS.co.nz)